

TEACH Services, Inc Retail Price List

Cookbooks			Cookbooks		
Title/Author	Price	Stock #	Title/Author	Price	Stock #
100% Vegetarian / Pickle, Julianne	7.95	933-4501	Lighten Up! with Louise Hagler / Hagler, Louise	11.95	906-1692
20 Minutes to Dinner / Grogan, Bryanna Clark	12.95	906-1651	Living in the Raw / Calabro, Rose Lee	19.95	906-1605
375 Meatless Recipes / Nelson, Ethel R, MD	11.95	945-5833	Meatless Burgers / Hagler, Louise	9.95	906-1645
375 Recetas Vegetarianas / Nelson, Ethel R, MD	11.95	945-5949	Milk Recipes from Nuts & Seeds / Edwards, Edith V	9.95	945-5971
Absolutely Vegetarian / Tadej, Lorine	11.95	945-5877	More Fabulous Beans / Bloomfield, Barb	14.95	906-1667
Adam's Table / Burnett, Reggi	9.95	945-5891	Natural Lunchbox, The / Brown, Judy	12.95	906-1683
Almost No Fat Cookbook, The / Grogan, Bryanna Clark	12.95	906-1652	Nature's Banquet / Living Springs Institute	12.95	945-5902
Authentic Chinese Cuisine / Grogan, Bryanna Clark	12.95	906-1694	New Farm Vegetarian Cookbook, The / Hagler, Louise;	10.95	906-1691
Back to Eden Cookbook / Kloss, Jethro	4.50	903-1302	Nonna's Italian Kitchen / Grogan, Bryanna Clark	14.95	906-1696
Burgers N Fries N Cinnamon Buns / Hinman, Bobbie	6.95	906-1698	Nutrition Workshop Guide / Hullquist, Eriann & Timothy	1.95	945-5831
Caring Kitchens Recipes / Lawson, Gloria	12.95	945-5824	Nutritional Yeast Cookbook, The / Stepaniak, Joanne	9.95	906-1634
Chicago Diner / Kaucher, Jo A	12.95	906-1642	Oak Glen Apple Sampler Cookbook / Hullquist, Frances	5.95	945-5834
Cookin' Healthy / Pitchford, Polly; Quigley, Delia	9.95	906-1689	Oats, Peas, Beans & Barley Cookbook, The / Cottrell,	13.95	945-6117
Cooking with Natural Foods #1 / Beltz, Muriel	15.95	945-5933	Of These Ye May Freely Eat / Rachor, JoAnn	2.95	914-2407
Cooking with Natural Foods #2 / Beltz, Muriel	14.95	907-1702	Peaceful Palate, The / Raymond, Jennifer	15.00	906-1684
Country Life Something Better / Southern Missionary	9.95	945-5894	Quick-N-Easy Natural Recipes / Townsend, Lorrie	2.95	945-5841
Country Life Vegetarian Cookbook / Fleming, Diana J	9.95	914-2401	Returning Back to Eden / Peters, Betty Ann	9.95	945-5838
Dairy-Free & Delicious / Grogan, Bryanna Clark	12.95	906-1637	Saucy Vegetarian, The / Stepaniak, Joanne	12.95	906-1682
Delicious Food for a Healthy Heart / Stepaniak, Joanne	12.95	906-1681	Seasoned with Laughter / Cress, Sharon M (Ed)	6.95	902-1550
Eat for Strength--Oil Free / Thrash, Agatha M, MD	8.95	931-4302	Seasoned with Love / Cress, Sharon M (Ed)	14.95	902-1551
Fat-Free & Easy / Raymond, Jennifer	12.95	906-1685	Seasoned with Love/2nd Helping / Cress, Sharon M (Ed)	14.95	902-1602
Fiber for Life Cookbook, The / Grogan, Bryanna Clark	12.95	906-1641	Simple Treats / Abraham, Ellen	12.95	906-1672
Flavors of Korea / Ramsay, Young; Davis, Deborah	12.95	906-1650	Soup's On! / Bloomfield, Barb	10.95	906-1679
Flax the Super Food / Bloomfield, Barb	9.95	906-1636	Soyfood Recipes for the American Table / White Wave	9.95	906-1648
Friend in the Kitchen, A / Colcord, Anna L	9.95	945-5975	Soyfoods Cookery / Hagler, Louise	9.95	906-1644
Great Good Desserts Naturally! / Costigan, Fran	15.95	906-1688	Sproutman's Kitchen Garden / Meyerowitz, Steve	14.95	906-1670
Health-Promoting Cookbook, The / Goldhamer, Alan, DC	12.95	906-1654	TVP Cookbook, The / Bates, Dorothy R	7.95	906-1614
Healthy Food Choices #1 / Alderson, Leona R	14.95	945-5878	Table for Two / Stepaniak, Joanne	12.95	906-1678
Healthy Food Choices #2 / Alderson, Leona R	14.95	945-6033	Tempeh Cookbook, The / Bates, Dorothy R	12.95	906-1690
I Can't Believe It's Not Meat / Kilburn, Roger, Diana &	9.95	906-1647	Tofu & Soyfoods Cookery / Golbitz, Peter	12.95	906-1646
Incredible Edibles Cookbook / Hullquist, Eriann	16.95	945-5812	Tofu Cookery / Hagler, Louise	16.95	906-1612
Incredibly Delicious / Gentle World	22.95	906-1639	Tofu Quick & Easy--Revised / Hagler, Louise	11.95	906-1635
Instead of Chicken, Instead of Turkey / Davis, Karen	12.95	906-1687	Ultimate Uncheese / Stepaniak, Joanne	15.95	906-1662
Japanese Cooking / Schinner, Miyoko Nishimoto	12.95	906-1695	Uprisings / Cooperative Whole Grain Educational	16.95	906-1701
Juice Fasting & Detoxification / Meyerowitz, Steve	10.95	906-1659	Vegan Deli / Stepaniak, Joanne	15.95	906-1676
Kids Can Cook / Bates, Dorothy R	12.95	906-1643	Vegan Vittles / Stepaniak, Joanne	12.95	906-1677

TEACH Services, Inc Retail Price List

Cookbooks			Health & Nutrition		
Title/Author	Price	Stock #	Title/Author	Price	Stock #
Vegetarian Cooking School Cookbook / Vierra, Danny &	11.95	945-5924	Exercise for Real Life / Munson, Jeffier, MPT	15.95	777-4510
Vegetarian Cooking/People W/Allergies / Rettner,	12.95	906-1656	Fatigue--A Result of Lifestyle / Thrash, Agatha M, MD &	4.95	914-2402
Warming Up to Living Foods / Markowitz, Elysa	15.95	906-1633	First Book in Physiology and Hygiene / Kellogg, John	11.95	945-5973
Whole Food, Soul Food / Smith, Donna A	12.95	906-1668	Food Allergies Made Simple / Thrash, Agatha M, MD &	4.95	914-2403
Whole Foods Diabetic Cookbook / Bertron, Patricia	12.95	906-1616	Food Combining and Digestion / Meyerowitz, Steve	9.95	906-1674
Whole Foods for Whole People / Fuller, Lucy	10.95	945-5817	Food for Thought / Jen, Susan	10.95	916-2633
Emotional Health			Foods that Cause You to Lose Weight / Barnard, Neal D,	12.95	906-1700
Title/Author	Price	Stock #	From the Shepherd's Purse - Vol 1 / Barlow, Max G	29.95	959-9901
Damaged By Infidelity / Holdridge, Eva	9.95	945-6125	Garlic--Nature's Perfect Prescription / Hullquist, C Gary,	9.95	945-5912
God's Solution for Depression / Standish, Colin D &	12.95	916-2603	Healing By God's Natural Methods / Wolfsen, Al	6.95	945-5837
Human Sexuality / Flowers, Karen & Ron	14.95	902-1618	Health Ladder, Battle Creek Sanitarium / Kellogg, John	19.95	945-6054
Re-Bonding / Joy, Donald M, PhD	7.95	902-1548	Healthful Living / White, Ellen G	10.95	945-5855
Stress: Taming the Tyrant / Neil, Richard L, MD	8.95	945-5873	Heaven's Lifestyle Today / Dysinger, P William, MD	12.95	902-1532
Survival Kit for the Stranded / Self, Carolyn & William L	6.95	902-1559	Herbs for Health / White, Ellen G	1.95	945-5947
Touched with Our Feelings / Zurcher, Jean R	15.95	977-8651	Home Made Health / Moore, Raymond S & Dorothy	11.96	926-3805
Health & Nutrition			Home Remedies / Thrash, Agatha M, MD & Calvin L Jr,	14.95	931-4305
Title/Author	Price	Stock #	Hydrotherapy--Simple Treatments / Thomas, Charles S,	8.95	945-5813
Activated Charcoal Powder / Dietary Supplements	5.95	964-FO16	In Good Health / White, Jennifer	8.95	914-2409
Activated Charcoal Tablets / Lonesome Pine Products	9.99	945-T100	International Meat Crisis / Ferrell, Vance H	3.95	965-7455
Amazing Charcoal Rx Booklet / Hullquist, C Gary, MD	1.95	945-5970	Leaves from the Tree of Life / Tillotson, Mildred A	18.95	945-6128
Animal Connection, The / Thrash, Agatha M, MD &	6.95	931-4301	Let the Mocking Bird Sing / Bradley, Doc	29.95	945-5942
Apple Cider Vinegar / Holzapfel, Cynthia	9.95	906-1673	Listening to the Buffalo / Derose, David, MD	20.00	804-3100
Art of Massage, The / Kellogg, John Harvey, MD	16.95	945-5844	Lose Weight W/ Apple Vinegar / Oberbeil, Klaus	12.95	906-1703
Back to Eden / Kloss, Jethro	22.95	903-1304	Mad Cows and Milk Gate / Hulse, Virgil, MD	20.00	782-1201
Back to Eden/Mass Market / Kloss, Jethro	9.95	903-1307	More Natural Remedies / Austin, Phylis; Thrash, Agatha	6.95	914-2404
Burkitt-Cancer-Fiber / Nelson, Ethel R, MD	14.95	945-5962	Mystical Medicine / Peters, Warren, MD	7.95	945-5897
Changing Bad Habits for Good / Derose, David, MD	20.00	804-3101	Natural Healthcare for Your Child / Thrash, Agatha M,	9.95	914-2405
Choosing to Live/Ben's Miracle / Sanidad, Benjamin R,	10.00	916-2676	Natural Remedies / Austin, Phylis; Thrash, Agatha &	6.95	914-2406
Christian Temperance/Hygiene / White, Ellen G & James	13.95	945-6158	Natural Remedies Encyclopedia / Ferrell, Vance H	39.95	965-7456
Coconut Oil / Holzapfel, Cynthia & Laura	9.95	906-1665	Natural Treatments for Hypertension / Thrash, Agatha M,	14.95	931-4313
Colloidal Silver Today / Jefferson, Warren	6.95	906-1666	Physician's Slimming Guide, A / Barnard, Neal D, MD	5.95	906-1699
Defeating Diabetes / Davis, Brenda, RD; Barnard, Tom,	14.95	906-1608	Plugged Arteries / Crane, Milton G, MD	18.95	945-5826
Diabetes and Hypoglycemic Syndrome / Thrash, Agatha	14.95	931-4312	Poison with a Capital C / Thrash, Agatha M, MD & Calvin	4.00	931-4310
Diet By Design / Stanley, Tyler	14.95	945-5966	Power of Ancient Foods, The / Spiller, Gene; Hubbard,	14.95	906-1609
Divine Prescription & Science of Health / Paulien,	22.95	945-5906	Rational Hydrotherapy / Kellogg, John Harvey, MD	84.95	945-6069
Don't Drink Your Milk! / Oski, Frank A, MD	9.95	945-5807	Raw Food Treatment of Cancer / Nolfi, Kristine, MD	3.95	945-5918

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Health & Nutrition

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Regreso Al Eden / Kloss, Jethro	19.95	903-1309
Rx: Charcoal / Thrash, Agatha M, MD & Calvin L Jr, MD	6.95	931-4308
Simple Home Remedies / Thrash, Agatha M, MD	3.00	931-4309
Soyfoods Cooking/Positive Menopause / Grogan,	12.95	906-1649
Sprout Garden / Braunstein, Mark	12.95	906-1657
Sprouts: The Miracle Food / Meyerowitz, Steve	12.95	906-1669
Stevia / DePuydt, Rita	14.95	906-1638
Take 10 / Van Dolson, Leo R, MPH, PhD	4.95	810-4000
Tastefully Vegan / McLane, Gerard & Kathryn	21.95	945-6051
Tastefully Vegan / McLane, Gerard & Kathryn	24.95	945-6063
Temple of Health, The / Gerstner, Patsy	20.00	849-9910
Understanding the Body Organs & Eight Laws/Health /	13.95	945-5819
Uses of Water / Kellogg, John Harvey, MD	10.95	945-5954
Water: The Ultimate Cure / Meyerowitz, Steve	7.95	906-1675
Wheatgrass: Nature's Finest Medicine / Meyerowitz,	12.95	906-1658
You Can Quit Tobacco / Ferrell, Vance H	1.49	965-7429